



IMA TELlicherry NEWS LETTER – MARCH 2018

ORGANIZATIONAL ACTIVITIES

7.3.18: Executive Meeting

Executive committee was held at IMA hall on 07.02.2018. President welcomed the gathering. 50 members attended the meeting.



11.03.2018: Cycle Rally

As a part of National IMA Cycle Yathra, IMA Thalassery also conducted a Cycle Rally On 11.3.18 8.00am Near Stadium. The Rally was inaugurated by Municipal Vice Chairman Smt. Najma Hashim, Welcome Address was given By Dr.Rajiv Nambiar. Vote Thanks by Dr.Sakkariya. More than 20 doctors and their family members were participated in the Rally.

The Programme Was Co-ordinated by Dr.Sakkariya and Dr.Mohammed Fasel. The Rally started from stadium proceeded

through Venus Corner, New Bus Stand, Old Busstand And Reached Back At Stadium .

There was wide media coverage for this grand programme.



18.03.2018: Inauguration of Literary Club IMA KSB "SRISHTY 2018"

Literary Club IMA Kerala State "SRISHTY 2018" inaugural function conducted on Sunday 18th March at 5.00pm at IMA Hall Thalassery. Dr. Pushparaj S R (President IMA Thalassery) welcomed the gathering. Dr. P A Lalitha (Chairman, Literary Club) presided the function. Our State President Dr. Ummer E K inaugurated SRISHTY 2018 by lighting the lamp. In his speech, Dr. Ummer mentioned about the attack on medical profession by miscreants and the Anti Doctor

Bill-The NMC being introduced by the central government. He urged that press and media and writers like Mr.M Mukundan should expose the truth and write against such movements. Smt. Padma Ramachandran released the Novel written by Dr.Peeyush Maniyambath "THE PLACARD HOLDER IN THE PASS" by giving it to Mr.Shanthi Evan, a professional translator and follower of osho.Dr.N Sajan(HOD English,SN College,Kannur)introduced book to the public.

Renowned writer Sri.M Mukundan gave a speech on "എഴുത്തുകാരനും ഡോക്ടറും".In his speech he stressed the point that both doctors and writers are being attacked by intolerant people. He urged the need to oppose such activities as writers are treating the mind and doctors are treating the body,both with good intention.

He elaborated the works and life of Punathil Kunhabdulla and anton Chekov, the doctor cum writers who where famous in their professions.

Memento to Sri.M Mukundan was given by State President. Dr.Srikumar Vasudevan(Chairman

Ethics Committee and Past State President), Dr.Surendra Babu V P(Convenor Ethics Committee),Dr.Anoop Koshy Mathew (Secretary,Pension Scheme) spoke on the occasion. Dr.Shyam Mohan (Convenor,Literary Club)proposed the vote of thanks. The meeting was attended by more than 120 members including doctors and representatives from various service organization.



21.03.2018: General Body Meeting

The *General Body Meeting* was held on 21.03.2018 at IMA Hall Thalassery at 8.00 pm. Dr. Pushparaj presided over the meeting. 43 members attended the meeting.



ACADEMIC ACTIVITIES

19.03.18:CME Meeting

IMA Thalassery in association with District Medical Office (Health) Kannur conducted a CME on 16.02.2018 at IMA Hall Thalassery at 8.00 pm. CME on Treatment Protocol of Common Febrile Illness. Dr.Ramesan T, Professor,Kannur Medical College and Dr.Sasidharan K, Physician, Taluk Hospital, Kuthuparamba conducted the training Session. The CME was followed by a lively interaction. 41 members attended the meeting.



21.03.2018: IMA Thalassery conducted a CME on 21.03.2018 at IMA Hall Thalassery. CME on "*Hypertension and Role of ACE Inhibitors*" by Dr. Deepak Raju,Consultant Cardiologist, Indira Gandhi Metro Cardiac Centre,Thalassery. Dr. Pushparaj S R presided over the meeting. 43 members attended the meeting.



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SOCIAL ACTIVITIES

Medical Camp

04.03.2018: IMA Thalassery,Wima Thalassery, IAP Thalassery and Indian Dental Association conducted a Free Medical Camp at Mannayad LP School, Illikunnu,Thalassery.Dr.NadeemAbooty, Dr.JohnnySebastian,Dr.Seethalakshmi K V,Dr.Aravind Nambiar and Dr.Latha Johnny examined the patients. The camp was inaugurated by Dr.Pushparaj. The medical camp was attended by 250 patients. Free medicines were dispensed to the patients. Blood sugar detection camp was held during the camp.



5.3.2018 Medical camp for women by Dr Mini Balakrishnan and members of gynaec society. General check up including cervical smears as apart of cancer screening and RBS detection were done. An awareness class on cervical cancer was also included.

The camp was well attended and appreciated by the public.



,Thalassery). Dr Rejana Dilnath coordinated the function.



Health Education

05.03.2018: IMA Thalassery conducted an awareness class on Importance of Normal Delivery & breast feeding at CHC Pinarayi. Class was taken by Dr. Johnny Sebastian and 50 persons were attended the class.



31.03.2018: IMA&WIMA Thalassery conducted an **Awareness class on Common skin problems during summer** at Christ College Thalassery. WIMA Chairperson Dr.Sandhya B Ravindran took the class. It was a highly interactive session.

31.03.2018: IMA Thalassery conducted an Awareness Class on **“Measles Immunisation”** at PHC Muzhapilangad. Class was taken by Dr.Dilnath Kallat.

Universal Immunisation Programme

20.03.2018: IMA in association with IDA Thalassery conducted an **awareness class on Oral Hygiene in pregnancy** for patients and staff of General Hospital,Thalassery. The class was conducted by Dr Prathima Sumal (president IDA

11.03.2018:Pulse Polio Immunisation

- Inaugural function conducted at General Hospital Thalassery. Programme inaugurated by Mr.C K Ramesan,Municipal Chairman

Thalassery giving polio vaccination to Son of our own member Dr.Jithin. Dr.Sakkariya P P, Dr.Thufail, Dr.Jithin, Representative of Rotary Club and Lions Club were attended the function.



- IMA Tellicherry sponsored 2 polio booth for pulse polio immunization programme one at Railway Station one at new bus stand Thalassery.



31.03.2018: Measles Immunisation

- IMA Thalassery in association with IAP Thalassery observed "Measles Immunisation Day". Distributed pamphlets, spreading awareness on measles immunisation through bus stand, railway station, Thalassery General Hospital and all private hospitals in Thalassery.
- IMA Thalassery conducted an Awareness Class on "Measles Immunisation" at PHC Muzhapilangad. Class was taken by Dr.Dilnath Kallat.
- IMA Thalassery conducted an Awareness Class on "Measles Immunisation" at CHC Pinarayi. Class was taken by Johnny Sebastian.

OBSERVATION OF IMPORTANT DAYS

07.3.18:International Womens Day 3 Programmes

- 1. IMA & WIMA Thalassery visited our most loved senior leaders Dr.V Radha, Dr.T V Radha and Dr.Shanthakumari and spend some time with them. They have always been

role models for all the junior lady doctors.



- **2. International Women's day was celebrated by IMA & WIMA Thalassery in association with Kudumbasree units Thalassery on 10th of March 2018 at IMA House Thalassery. Mrs. Indira T (District & Sessions Judge) took a class on "Women Empowerment".** WIMA Chairperson Dr. Sandhya B Ravindran welcomed the gathering. WIMA secretary Dr. Sithara Aravind delivered the vote of thanks. Around 200 people including Kudumbasree members & family members of our own doctors attended the meeting. IMA President Dr. Pushparaj S R and CDS Chair person Sheila U K felicitated the occasion.



A stall was put up by Santhwanam division of Kudumbasree for detection of life style diseases in the venue. Bp, blood sugar and cholesterol tests were done and results were issued. Kudumbasree members actively participated.



- **TV channel interview:** As a part of Womens day celebration ,ACV Channel telecasted an interview with Senior Gynaecologist Dr TV Radha Always cheerful, charming senior doctor recalled her more than 50 year experience as gynaecologist in Thalassery.

11.03.2018:Pulse Polio Immunisation

- Inaugural function conducted at General Hospital Thalassery. Programme inaugurated by Mr.C K Ramesan,Municipal Chairman Thalassery giving polio vaccination to Son of our own member Dr.Jithin. Dr.Sakkariya P P, Dr.Thufail, Dr.Jithin, Representative of Rotary Club and Lions Club were attended the function.
- IMA Tellicherry sponsored 2 booth for pulse polio immunization programme one at Railway Station one at new bus stand Thalassery.



- IMA Thalassery conducted a Poster exhibition at Indira Gandhi Co-operative Hospital Thalassery. Variety of posters, models, were arranged for the public and staff.Dr.K P A Siddeek co-ordinated the function of Indira Gandhi Hospital.

11.03.2018: No Smoking Day

- IMA Thalassery conducted a Poster exhibition at Co-Operative Hospital, Thalassery. Variety of posters, models, were arranged for the public and staff. Dr.Sakkariya P P co-ordinated the function of Co-operative Hospital,Thalassery



World TB DAY PROGRAMMES

- 21.03.2018: World TB Day function was organized at PHC Anjarakandy. Anjarakandy Panchayath Vice President Mr.Surendran presided over the function. Panchayath President Mrs. Seetha inaugurated the function. Dr.Ajith Kumar took class and a Quiz Competition was held for the general public.STS Pradeepan delivered the vote of thanks.



- 22.03.2018: World TB Day function was organized at Anjarakandy Medical College auditorium in association with the community medicine dept. Dr.A K Sharada presided over the meeting. Thalassery

blockpanchayath member Smt.Shyma K inaugurated the function. Poster Competition was held for the students. Dr.T Ramesan offered felicitation and distributed the prizes. Dr.Sajeev Kumar and Dr. C Rajan offered felicitation. Dr.Rejna Dilnath, Chest Physician, General Hospital, Thalassery conducted a sensitization session for House Surgeons. A II sensitization session was conducted for paramedical and dental students. A Skit was presented by the students.



- 23.03.2018: TB Day Functions was conducted at Govt Hospital, Thalassery. Dr.Rejna Dilnath presided over the function. Senior Physician Dr.Ajith

Kumar K N inaugurated the function and distributed prizes for the winners of the poster competition conducted for the nursing students. The posters were displayed. A skit was presented by the students of Anjarakandy Medical College. Dr.Jayagopal P P,Dr.Sughosh,Dr.Haneesh,Dr.Balakrishnan and Dr.Vineetha attended the function.



- 24.03.2018: State level function of World TB Day was held at Malabar Chamber of Commerce Hall,Kannur and inaugurated by Health Minister Mrs. A K Shylaja Teacher.Dr.Sasidharan and Dr.Rejna were part of the organizing

committee and participated in the function.



24.03.2018: TELE MEDICINES DAY

As a part of Telemedicine day IMA Thalassery conducted a Tele Health Awareness class for Doctors, Staff of IGCH,Thalassery.

Dr.rajasekharan took awareness class . Dr.Siddeek co-ordinated the programme.

31.03.2018: Measles

Immunisation

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SPECIAL PROJECTS OF THE BRANCH

IMA Pain& Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

Pain & Palliative Donation Boxes

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

Mutual Benefit Scheme

A scheme for members conducted every year, through which members as well as association is benefited.

MISCELLANEOUS

Nammude Arogyam:

Thalassery IMA has been the largest subscriber for Nammude Arogyam. 2200 copies being ordered this month. These copies are being distributed through various private hospitals and book stalls in Thalassery. Free copies of Nammude Arogyam were given for the participants of various medical camps & functions conducted by IMA Thalassery.

IMA & Media:

07.03.2018: TV channel interview: As a part of Womens day celebration ,ACV Channel telecasted an interview with Senior Gynaecologist Dr TV Radha

Always cheerful, charming senior doctor recalled her more than 50 year experience as gynaecologist in Thalassery.

Pamphlets & Notices

31.03.2018: IMA Thalassery in association with IAP Thalassery Chapter distributed **pamphlets** spreading awareness on measles immunisation at through bus stand, railway station, Thalassery General Hospital and all private hospitals in Thalassery.

Sports Wing

11.03.2018: Badminton Tournament Dr.Pushparaj S R,Dr.Sandeep S,Dr.Dilshad Babu and Dr.Nousheed Ani from our branch represented Kannur District in the north zone inter district badminton tournament conducted by Malappuram District.



Literary Club

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PUBLIC RELATIONS & SOCIAL INVOLVMENT

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